

# After School Clubs



Day	Fitness Suite	Playing Fields	Astro	Sports Hall	Studio	Swimming Pool	Top Courts	Bottom Courts	Boat House	Towers	Fives Courts
MONDAY	Snr Boys Rowing S&C  Open S&C Year 8-13	<i>JS Rugby (Year 5+6 HT2 Year 3 +4 HT1)</i>  Rugby Seniors Yr 12+13  <i>Futsal Yr 5+6</i>	<i>Js Hockey (Yr 3+4 HT1 Year 5+6 HT2)</i> Beds School Hockey League Yr 7-13  Girls Football Year 9-13	<i>JS Basketball (Year 5+6 HT1 Year 3+4 HT2)</i>	<i>JS Table Tennis (Year 5+6 HT1 Year 3+4 HT2)</i>	Senior Swim	Netball Year 7+8	<i>Multisport Kabadi Handball Dodgeball (Year 5+6 HT1 Year 3+4 HT2)</i>	Senior Girls Rowing	Squash Year 7-13	
TUESDAY	Open S&C Yr 8-13	Senior Rugby Year 11-13  Rugby Skill School  Girls Football Year 7+8	Senior Girls Hockey Year 11-13	Basketball Yr 7-13	Senior Girls Ergo	<i>JS Invitational Swim quad Year 3+6</i>	Netball League Year 9-13		Senior Boys Rowing		Fives Year 7-13
WEDNESDAY	Senior Girls Rowing S&C  Girls S&C Year 8-13	Rugby Year 9+10	Girls hockey Year 9	Badminton Year 5-8	Senior Boys Ergo Year 11-13	Water Polo Year 7+8	Senior Netball Year 11-13				
THURSDAY	Open S&C Yr 8-13	Rugby Year 7+8  <i>JS Cross Country Year 3-6</i>	Girls hockey Year 7+8	Badminton Year 9-13		Water Polo Year 8-13	Pre Season Netball Year 9+10		Year 10 Rowing	<i>JS Squash Year 6</i>	
FRIDAY	Open S&C Yr 8-13		Girls hockey Year 10	Winter Nets	Table Tennis Year 7-13				Year 9 Rowing		

Blue = Boys' Club    Red = Girls Club    Green = Open to Boys and Girls    *Italics = Junior School Club* (HT1 - Half Term 1, HT2 - Half Term 2)

## Before School and Lunch Time Clubs



Day	Activity	Year Groups	Time	Venue
Monday	Tennis	3 & 4	7:30 – 8:15am	Courts
Monday	Climbing Club	7-13	1.15 – 2.00pm	Sports Hall
Monday	Year 9 Ergo	9	1.15 – 2.00pm	Studio
Tuesday	Winter Nets	Invite only	7:30 – 8.15am	Sports Hall
Tuesday	Water Polo	8 – 13	7:10 – 8:00am	Swimming Pool
Tuesday	Tennis	5 & 6	7:30 – 8:15am	Courts
Tuesday	Open S&C	11-13	7.30 – 8.15am	Fitness Suite
Tuesday	Winter Nets	Invite only	1.15 – 2.00pm	Sports Hall
Tuesday	Open S&C	8-13	1.15 – 2.00pm	Fitness Suite
Tuesday	Year 10 ISFA Football Prep	10	1.15 – 2.00pm	Playing Fields
Wednesday	Tennis	3 & 4	7:30 – 8:15am	Courts
Wednesday	Winter Nets	Invite only	1.15 – 2.00pm	Sports Hall
Wednesday	Open S&C	8+13	1.15 – 2.00pm	Fitness Suite
Wednesday	Year 10 Ergos	10	1.15 – 2.00pm	Studio
Thursday	Winter Nets	Invite only	7:30 – 8.15am	Sports Hall
Thursday	Tennis	7 & 8	7:30 – 8:15am	Courts
Thursday	Open S&C	8 – 13	1.15 – 2.00pm	Fitness Suite
Friday	Tennis	9 – 13	7:30 – 8:15am	Courts
Friday	Winter Nets	Invite Only	7:30 – 8.15am	Sports Hall
Friday	Senior Girls Ergo/Cardio	11 – 13	7:30 – 8.15am	Fitness Suite
Friday	Climbing Club	6	1.15 – 2.00pm	Sports Hall
Friday	Senior Rowing S&C	11 – 13	1.15 – 2.00pm	Fitness Suite
Friday	Open S&C	8 – 13	1.15 – 2.00pm	Fitness Suite