

Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Plant Based Soup	Selection of breads, toppings, and accompaniments				
	Chunky Vegetable	Roast Pepper	Classic Tomato	Turkish Lentil	Cream Of Vegetable
Plant Based Vegetarian	Masa man Vegetable Curry	Italian Day Vegan Bolognese with garlic bread	Herby Vegetable Casserole with butter beans	Vegan Smoked Paprika Vegetable Wraps with salsa	Vegan Beetroot & Quinoa Burgers
Main Meal 1	Thai Green Curry with vegetables	Beef Bolognese with Garlic Bread	Rosemary Roast Pork with Rich gravy & Apple sauce	Chipotle chilli Mexican Beef Casserole with Tortillas	Battered Haddock with Lemon & Tartare Sauce
Snack Bar	Cauliflower & Lentils Cheese Bake	Sundried Tomato & Pesto panni	Butternut squash & Feta Strudel	Chickpea & potato cakes with cream fraiche	Wholemeal pitta pizzas
On the Side...	Steamed Rice Sweetcorn	Pesto Pasta Steamed Greens	Roast Potatoes Steamed Carrots & Swede	Steamed Rice Sweetcorn & Roasted Sweet Peppers	French Fries Baked Beans Garden Peas
Jacket Potato Bar	Jacket Potato with Hot Fillings	Jacket Potato with Hot Fillings	Jacket Potato with Hot Fillings	Jacket Potato with Hot Fillings	Jacket Potato with Hot Fillings
Pasta Bar	Classic Tomato Sauce	Classic Tomato Sauce	Classic Tomato Sauce	Classic Tomato Sauce	Classic Tomato Sauce
Something Cold	Selection Of Tempting Dessert Pot	Selection Of Tempting Dessert Pot	Selection Of Tempting Dessert Pot	Selection Of Tempting Dessert Pot	Selection Of Tempting Dessert Pot
Something Sweet	Blackberry and Apple Crumble with Custard	Sticky Ginger and Marmalade Cake	Lemon and Cranberry Shortbread Biscuits	Double Chocolate Cake	Crispy Cornflake Tart
Fruit & Dessert	Fruit salad pots and selection of seasonal fresh fruit ripened and ready to eat. Daily selection of homemade yoghurt, dessert and custard pots.				

Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Plant Based Soup	Selection of breads, toppings, and accompaniments				
	Roast Mushroom	French Onion	Carrot & Ginger	Butternut Squash	Minestrone
Plant Based Vegetarian	Vegan Singaporean Style rice noodles with soy & ginger	Vegan cream cheese spaghetti with vegan feta cheese	Vegan Potato & leek cakes with vegan cream sauce	Hen den Vegan Katsu curry	Pitta Bread tomato humus Wholemeal Pizzas
Main Meal 1	Ginger & Soy Chicken stir fry	Pork & apple Meatballs	Italian Roasted lemon & Thyme Chicken with Stuffing & Gravy	Panko Breaded Chicken drumsticks with Katsu curry sauce	Breaded Cod Fillet with Lemon Mayonnaise
Snack Bar	Toasted Potato roll with pesto & Tomato	Garlic flatbread topped with roasted Tuscan vegetables	Vegetable Hot pot	Beetroot & Courgette Falafel	Chicken Leg with Curry sauce
On the Side...	Steamed Rice Roast Vegetables & Leeks	Wholemeal & Pesto Pasta Peas & Minted Courgettes	Rosemary & Thyme Roasted Potatoes Steamed Green Cabbage & Carrots	Turmeric Spiced Rice Spiced Cauliflower & Charred Broccoli	Skinny Chips Baked Beans Steamed Peas
Jacket Potato Bar	Jacket Potato with Hot Fillings	Jacket Potato with Hot Fillings	Jacket Potato with Hot Fillings	Jacket Potato with Hot Fillings	Jacket Potato with Hot Fillings
Pasta Bar	Classic Tomato Sauce	Classic Tomato Sauce	Classic Tomato Sauce	Classic Tomato Sauce	Classic Tomato Sauce
Something Cold	Selection Of Tempting Dessert Pot	Selection Of Tempting Dessert Pot	Selection Of Tempting Dessert Pot	Selection Of Tempting Dessert Pot	Selection Of Tempting Dessert Pot
Something Sweet...	Cinnamon Apple Crumble Slice with Custard	Carrot Cake with Lemon Icing	Sticky Toffee and Date Cupcakes	BMS Energy Bar	Mark's Classic Wheat Free Fudge Brownie
Fruit & Dessert	Fruit salad pots and selection of seasonal fresh fruit ripened and ready to eat. Daily selection of homemade yoghurt, dessert and custard pots.				

Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Plant Based Soup	Selection of breads, toppings and accompaniments				
	Leek & Potato		Tomato & Red pepper	Butternut Squash	Roasted Roots
Plant Based Vegetarian	Vegetable Korma	Sausage Bar Vegan sausage with onions	Posh Pies Vegan Leek & Potato filo pie	Vegan Tacos with spicy salsa	Vegan Sundried Tomato panni's
Main Meal 1	Chicken Tikka Masala with Mango Chutney & Mini Poppadom's	Cumberland sausages with onions gravy	Posh Pies of the day with rich gravy	Beef chili wraps with sour cream	Battered Cod Fillet with Lemon & Lemon Mayonnaise
Snack Bar	Four Cheese panni with salad	Creamy Three bean casserole	Feta & Sun-Dried Tomato Risotto with Rocket Salad	Spanish Tortilla with toasted seeds & garlic mayo	Cajun chicken legs with salsa
On the Side...	Steamed Rice Courgettes & Sweet Chilli Sweetcorn	Steamed new potatoes. Seasonal Greens & Carrots	Thyme Roast Potatoes Sweet Roasted Carrots & Red Cabbage	Steamed Lemon Rice Seasonal Vegetables	Skinny Chips Steamed Peas Baked Beans
Jacket Potato Bar	Jacket Potato with Hot Fillings	Jacket Potato with Hot Fillings	Jacket Potato with Hot Fillings	Jacket Potato with Hot Fillings	Jacket Potato with Hot Fillings
Pasta Bar	Classic Tomato Sauce	Classic Tomato Sauce	Classic Tomato Sauce	Classic Tomato Sauce	Classic Tomato Sauce
Something Cold	Selection Of Tempting Dessert Pot	Selection Of Tempting Dessert Pot	Selection Of Tempting Dessert Pot	Selection Of Tempting Dessert Pot	Selection Of Tempting Dessert Pot
Something Sweet...	Caramel Choux Buns	Rocky Road Delight	Lemon and Lime Drizzle Cake	Double Chocolate Cookies	Cake Shop Treats
Fruit & Dessert	Fruit salad pots and selection of seasonal fresh fruit served in peak condition, ripened and ready to eat. Daily selection of homemade yoghurt, dessert, and custard pots.				