

Breakfast

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--------------------|--|--|--|--|--|
| | 7.30 – 8-30am | 7.30 – 8-30am | 7.30 – 8-30am | 7.30 – 8-30am | 7.30 – 8-30am |
| Hydration Station | Fresh Orange and Apple Juice Water | Fresh Orange and Apple Juice Water | Fresh Orange and Apple Juice Water | Fresh Orange and Apple Juice Water | Fresh Orange and Apple Juice Water |
| Hot items | Pork Sausages sandwiches Bacon sandwiches Pastries | Pork Sausages sandwiches Bacon sandwiches Pastries | Pork Sausages sandwiches Bacon sandwiches Pastries | Pork Sausages sandwiches Bacon sandwiches Pastries | Pork Sausages sandwiches Bacon sandwiches Pastries |
| Fruit Bar | Fresh Whole Fruit | Fresh Whole Fruit | Fresh Whole Fruit | Fresh Whole Fruit | Fresh Whole Fruit |
| Side Offers | Toasting Station Deli Spreads & Preserves | Toasting Station Deli Spreads & & Preserves | Toasting Station Deli Spreads & Preserves | Toasting Station Deli Spreads & Preserves | Toasting Station Deli Spreads & & Preserves |
| Yoghurt & Toppings | Yoghurt with Toppings | Yoghurt with Toppings | Yoghurt with Toppings | Yoghurt with Toppings | Yoghurt with Toppings |

Morning Break

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|------------------|--|--|--|--|--|
| | | | | | |
| Breaktime drinks | Apple Or Orange Juice carton Selection of Milkshakes Water | Apple Or Orange Juice carton Selection of Milkshakes Water | Apple Or Orange Juice carton Selection of Milkshakes Water | Apple Or Orange Juice carton Selection of Milkshakes Water | Apple Or Orange Juice carton Selection of Milkshakes Water |
| Food | Selection of cookies & confectionary | Selection of cookies & confectionary | Selection of cookies & confectionary | Selection of cookies & confectionary | Selection of cookies & confectionary |
| Fruit Bar | Whole fresh fruit | Whole fresh fruit | Whole fresh fruit | Whole fresh fruit | Whole fresh fruit |

LUNCH

| Week One 08/1/24 | Monday | Tuesday | Wednesday | Thursday | Friday |
|-----------------------------------|--|--|--|--|--|
| Soup | Carrot & ginger | Creamed Vegetable | Butternut squash | Leek & Potato | Tomato & red pepper |
| Menu course | Beef Bolognese with garlic bread | Thyme & rosemary chicken Thighs | Chicken & tomato pasta bake | Lamb Turkish flatbreads | Battered Fish with lemon wedge & Lemon Mayonnaise |
| Vegetarian Main course | Vegetable Bolognese with garlic bread | Roasted Root's vegetable Stuffed Peppers | Macaroni cheese | Falafels Flatbreads | Loaded Tomato & cheese Potato Skins |
| On the side | Steamed Pasta Gf Available Steamed broccoli with peas | Roast thyme Potato's Mashed Carrot & swede | carrots & Steamed Peas | noodles Green beans | Chips Steamed peas Baked Beans |
| Snack Bar | Selection Of Jacket Potatoes & hot fillings or fresh Pasta with a selection of sauces | Selection Of Jacket Potatoes & hot fillings or fresh Pasta with a selection of sauces | Selection Of Jacket Potatoes & hot fillings or fresh Pasta with a selection of sauces | Selection Of Jacket Potatoes & hot fillings or fresh Pasta with a selection of sauces | Selection Of Jacket Potatoes & hot fillings or fresh Pasta with a selection of sauces |
| Salad Bar | Tomato Cucumber Sweetcorn Grated carrot Mixed leaf | Tomato Cucumber Sweetcorn Grated carrot Mixed leaf | Tomato Cucumber Sweetcorn Grated carrot Mixed leaf | Tomato Cucumber Sweetcorn Grated carrot Mixed leaf | Tomato Cucumber Sweetcorn Grated carrot Mixed leaf |
| Dessert | Apple & Cranberry Oat Bars | Carrot beetroot & Dark Chocolate Cake | Lemon Cup Cakes | Rhubarb & Apple cake | Rice Crispy Cake |

Selection of fresh whole fruits or Fresh Yoghurts or fresh fruit Salad

LUNCH

| Week Two15/11/24 | Monday | Tuesday | Wednesday | Thursday | Friday |
|-------------------------------|--|--|--|--|--|
| Soup | Carrot & coriander | Chunky Vegetable | Chickpea vegetable soup | Spiced Parsnip | Tomato & basil |
| Menu course | Beef Lasagna | Chinese Orange chicken | Roast Gammon with mustard | Chicken paella with roasted Peppers | Pizza day Pick your own topping |
| Vegetarian Main course | Vegetable lasagna | Vegetable chow main | Cheese & Tomato Tart | Spanish tortilla with garlic mayo | Selection of margarita pizzas add your own topping |
| On the side | Steamed fresh Vegetables | Steamed Rice Sweetcorn | Steamed Potatoes with herby butter carrots Steamed Peas | Selection of homemade breads Steamed greens | Chips Steamed peas Baked Beans |
| Snack Bar | Selection Of Jacket Potatoes & hot fillings or fresh Pasta with a selection of sauces | Selection Of Jacket Potatoes & hot fillings or fresh Pasta with a selection of sauces | Selection Of Jacket Potatoes & hot fillings or fresh Pasta with a selection of sauces | Selection Of Jacket Potatoes & hot fillings or fresh Pasta with a selection of sauces | Selection Of Jacket Potatoes & hot fillings or fresh Pasta with a selection of sauces |
| Salad Bar | Tomato Cucumber Sweetcorn Grated carrot Mixed leaf | Tomato Cucumber Sweetcorn Grated carrot Mixed leaf | Tomato Cucumber Sweetcorn Grated carrot Mixed leaf | Tomato Cucumber Sweetcorn Grated carrot Mixed leaf | Tomato Cucumber Sweetcorn Grated carrot Mixed leaf |
| Dessert | Chocolate Doughnuts | Chocolate & Raspberry cake | Apricot & lemon shortbread | Toffee Muffins | Cake shop Treats |

Selection of fresh whole fruits or Fresh Yoghurts or fresh fruit Salad

LUNCH

| Week Three 22/1/24 | Monday | Tuesday | Wednesday | Thursday | Friday |
|---------------------------|--|--|--|--|--|
| Soup | Carrot & Ginger | Mixed Vegetable | Butternut Squash | Slow cooked onion | Tomato & red pepper |
| Menu course | A Mild Beef chili with crunchy tortillas | Italian Day Chicken & chorizo Carbonara | Spiced Chicken Kebabs with a whole meal pittas | Chicken stir fry | Hot Dogs with mustard with onions |
| Vegetarian Main course | Vegetable chili with crunchy tortillas | Mushroom Carbonara | Spiced Vegetable Kebabs with a whole meal pittas | Vegetable stir fry | Vegetarian hot dogs with onions |
| On the side | Steamed Rice Steamed Vegetables | Pesto Pasta Cauliflower & peas | Roast Potatoes carrots Steamed Peas | Noodles Green beans & broccoli | Chips Steamed peas Baked Beans |
| Snack Bar | Selection Of Jacket Potatoes & hot fillings or fresh Pasta with a selection of sauces | Selection Of Jacket Potatoes & hot fillings or fresh Pasta with a selection of sauces | Selection Of Jacket Potatoes & hot fillings or fresh Pasta with a selection of sauces | Selection Of Jacket Potatoes & hot fillings or fresh Pasta with a selection of sauces | Selection Of Jacket Potatoes & hot fillings or fresh Pasta with a selection of sauces |
| Salad Bar | Tomato Cucumber Sweetcorn Grated carrot Mixed leaf | Tomato Cucumber Sweetcorn Grated carrot Mixed leaf | Tomato Cucumber Sweetcorn Grated carrot Mixed leaf | Tomato Cucumber Sweetcorn Grated carrot Mixed leaf | Tomato Cucumber Sweetcorn Grated carrot Mixed leaf |
| Dessert | | | | | |

Selection of fresh whole fruits or Fresh Yoghurts or fresh fruit Salad

After school club

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|------------------|--|---|--|---|--|
| | 15:45pm | 15:45pm | 15:45pm | 15:45pm | 15:45pm |
| Breaktime drinks | Water Orange juice Apple juice | Water Orange juice Apple juice | Water Orange juice Apple juice | Water Orange juice Apple juice | Water Orange juice Apple juice |
| Food | Selection of cookies & confectionary Sausage rolls Pizza's slice | Selection of cookies & confectionary Cheese & Tomato Panni Ham & cheese Panni | Selection of cookies & confectionary Sausage rolls Pizza's slice | Selection of cookies & confectionary Cheese & Tomato Panni Ham & cheese Panni | Selection of cookies & confectionary Sausage rolls Pizza's slice |
| Fruit Bar | Whole fresh fruit | Whole fresh fruit | Whole fresh fruit | Whole fresh fruit | Whole fresh fruit |