

Holiday Activity Course Kit List – Summer 2022

The following list is a guide to the equipment and clothing your son/daughter will require to participate fully in the course/s they have chosen:

Course	Requirements
Art & Craft	Apron/old shirt
Athletics & Gymnastics	Trainers, warm/waterproof clothing
Baking	Apron/old shirt and two Tupperware style containers to take items home in
Bikeability	Bicycle, helmet, consent form to be returned to BMS before course begins. An information pack will be sent out shortly after booking
Cheerleading	Trainers
Climbing	Trainers
Cricket Juniors	Trainers
Cricket	Trainers, protective box
Fashion Design	Old/unwanted clothes, white cotton item for tie dye and denim item for pocket painting (all optional)
Fencing	Tracksuit trousers and trainers and water bottle – no leggings please
Football, Football Jnrs and Girls' Football	Football boots, trainers, shin guards (essential) , warm/waterproof clothing
Gymnastics	Shorts or leggings, t-shirt, leotard (optional) – no jeans or dresses, please
Health & Beauty	Small towel, brush and comb
Hockey	Trainers, warm/waterproof clothing. A gum shield and shin pads are essential
Multi-Activity	Warm/waterproof clothing, indoor/outdoor footwear. Swimming kit will be required but not on first day of the courses, a weekly timetable is available to view when dropping children off
Multi-Sports	Trainers, warm/waterproof clothing, swimming kit (not required on first day)
Netball & Netball Jnrs	Trainers, warm/waterproof clothing
Paper Mechanics	Apron/old shirt
Parkour	Trainers
Printmaking	Apron/old shirt
Racket Sports	Trainers, warm/waterproof clothing, rackets are provided (you may bring your own if you wish, but please mark this clearly with your child's name)

Rowing	Trainers, swimming kit (for a swim test on the first day) and a change of clothing just in case!
Survival Adventure Skills	Camouflaged combat clothing is provided, but please wear suitable clothing which may get dirty, sturdy shoes or boots are required along with an alternative pair of trainers/shoes and spare socks
Table Tennis	Trainers
Tennis (Juniors)	Trainers, warm/waterproof clothing, rackets are provided (you may bring your own if you wish, but please mark this clearly with your child's name)
Textiles	White t-shirt or vest to tie-dye. Denim with pocket for Sashiko (optional)
Theatre Makeup & SFX	Clothing that you don't mind getting messy Patch testing of products will be required for all participants. These will be conducted on the first day of the course. There will be some use of fake blood and bruising effects
Urban Art	Apron/old shirt

If the course you have chosen is not mentioned above, then your son/daughter does not require any specialist-clothing etc. If they are outdoors on an AM course, a change of clothes for PM may be required if the weather is inclement. **All items of clothing should be clearly named.**

If you have any further enquiries, please contact the Holiday Activity Course office on 01234 332667.

If you have any worries or concerns during the Courses then please contact the Holiday Activity Course Office or Bedford Modern School Reception on 01234 332500.