

## How do I keep my child safe online?

The websites below provide guidance and support for parents.

- [Thinkuknow](#) provides advice from the National Crime Agency (NCA) on staying safe online
- [Parent info](#) is a collaboration between Parentzone and the NCA providing support and guidance for parents from leading experts and organisations
- [Childnet](#) offers a toolkit to support parents and carers of children of any age to start discussions about their online life, to set boundaries around online behaviour and technology use, and to find out where to get more help and support
- [Internet matters](#) provides age-specific online safety checklists, guides on how to set parental controls on a range of devices, and a host of practical tips to help children get the most out of their digital world
- [London Grid for Learning](#) has support for parents and carers to keep their children safe online, including tips to keep primary aged children safe online
- [Net-aware](#) has support for parents and carers from the NSPCC, including a guide to social networks, apps and games
- [Let's Talk About It](#) has advice for parents and carers to keep children safe from online radicalisation
- [UK Safer Internet Centre](#) has tips, advice, guides and other resources to help keep children safe online, including parental controls offered by home internet providers and safety tools on social networks and other online services

## What are you doing to help?

Students will continue to receive information about online safety through teachers, tutors, assemblies and PSHE. **We will also be continually updating [this area](#) of the School website with any additional information and the online safety bulletins.**

## What can I do to help?

It is expected that parents will familiarise themselves with all of the online platforms being used and ensure their child understands the expected behaviour whilst online. The main teaching platform will be Microsoft Teams. Teachers will communicate with students through Teams and where necessary via email. Teachers and students should not communicate using personal email addresses or other platforms.

- Talk to your child about what they are doing online
- Reassure them that they can talk to you if they are worried
- Use the tools that are available to manage their access
- Always check with your child about who they are chatting with and what types of conversations are taking place
- It's always best to keep these video chats out in the open to avoid the dangers that can take place behind closed doors

- Set up parental controls on their devices to control the level of security.
- Recognise that at the moment this is their main communication tool so they will be keen to get online and talk to their friends

### **I am worried that online behaviour is influencing my child's wellbeing – what do I do?**

The school will make sure children know how to report any concerns they have back to school, and signpost them to other sources of support too. Students will continue to receive information about online safety through teachers, tutors, assemblies and PSHE.

Email your son/daughter's tutor copying in their Head of Year. Please find websites below that can also assist.

If at any point you feel your child is at risk of serious harm through online systems you should report this immediately to Mrs Goodacre [JGoodacre@bedmod.co.uk](mailto:JGoodacre@bedmod.co.uk) or Mrs Pacyna [PPacyna@bedmod.co.uk](mailto:PPacyna@bedmod.co.uk). You should also report it to the police and can do this via <https://www.ceop.police.uk/Safety-Centre/> or clicking on the Report Abuse button on the CEOP or Thinkuknow websites.

### **Resources and Assistance**

**Childline** 0800 1111 [www.childline.org.uk](http://www.childline.org.uk)

**Young Minds** 0808 802 5544 [www.youngminds.org.uk](http://www.youngminds.org.uk)

**NSPCC** 0808 800 5000 [www.nspcc.org.uk](http://www.nspcc.org.uk)

**CEOP** [www.ceop.police.uk/safety-centre](http://www.ceop.police.uk/safety-centre)

**The Parentzone** [www.parentzone.co.uk](http://www.parentzone.co.uk)

**AACOSS** [www.aacoss.org](http://www.aacoss.org) [enquiries@aacoss.org](mailto:enquiries@aacoss.org)

### **What about getting an online tutor?**

Parents and carers may choose to supplement the School online curriculum with support from online companies and in some cases individual tutors. At BMS we have a sufficient offering to prevent the need for these resources, however should a parent or carer feel that they wish to make use of these external sources please do so by exercising a cautious approach. The School emphasises the importance of securing online support from a reputable organisation/individual who can provide evidence that they are safe and can be trusted to have access to children.

### **What are the expectations of my child online?**

We have updated our Expectations Charter to reflect our current circumstances.