



# Holiday Activity Courses

Open to all children aged 5-14

bedmod.co.uk 01234 332500

# Thank You

Thank you for your interest in our Holiday Activity Courses. Whether your children want to join us for the first time or have been coming to our courses for many years, we are sure that they will have a fantastic time. The aim of Bedford Modern School Holiday Activity Courses is to ensure that all who attend thoroughly enjoy themselves, make new friends and even learn some new skills!

Our courses operate within a safe, structured and friendly environment under the direction of Ashley Tapper, one of our excellent teachers.



Our online booking service allows you to book the Holiday Activity Courses, Early Birds and Late Flyers directly through the BMS website. It also enables you to check course availability and confirms your booking straightaway. Bookings through the post are still welcome.

We look forward to welcoming you to Bedford Modern School Holiday Activity Courses and hope you have a wonderful time.

Aler Saft Alex Tate, Headmaster

# Meet the Team

# Our staff

The majority of the Holiday Activity Course leaders are teachers, both from BMS and other local schools, or are experts in their field. Helpers include both university and Sixth Form students who have been carefully selected to offer a mature, professional and enthusiastic outlook in everything they undertake. We pride ourselves on only employing people of the very highest calibre, all of whom are well-known to us and have passed a full Disclosure and Barring Service check.



#### Ashley Tapper Course Director

Ashley has worked on the Courses for 19 years, as well as being a full-time teacher of History and Games at the School for 25 years. He is also Director of Co-Curricular Activities.



Sylvia Styles Assistant Director (Business)

Sylvia has worked at the School for 16 years and splits her time between the Holiday Activity Courses and working in the Estates Office. She is the first point of contact for all course bookings and checking on any queries you may have.



Chris Barrow Assistant Director (Operations)

Chris has been a full-time teacher within the Junior School for 17 years and has run a variety of departments during his time at BMS. During the courses Chris takes a proactive role helping Ashley ensure everything is running smoothly.

# Course Information

# Course dates and times

#### Easter

Week 1 Monday 06 April – Thursday 09 April Week 2 Tuesday 14 April – Friday 17 April

(Friday 10 April is Good Friday) Bookings accepted from **\*Friday 10 January** 

#### Summer

Week 1 Monday 20 July – Friday 24 July
Week 2 Monday 27 July – Friday 31 July
Week 3 Monday 03 August – Friday 07 August
Week 4 Monday 10 August – Friday 14 August
Week 5 Monday 17 August – Friday 21 August

Bookings accepted from \*Friday 24 April.

\*Please note bookings will not be accepted before this date.

Easter courses run for **four** half-days and summer courses for **five** half-days. Children attending all day **must** book two courses and be provided with a packed lunch from home.

**AM courses** run from 9.30am to 12.30pm. **PM courses** run from 1.30pm to 4.30pm.

Children can attend AM and PM courses or AM/PM courses only. Unless your children have been booked into the Early Birds and Late Flyers they should not be dropped off earlier than 20 minutes prior to the start of each course and must be collected promptly at the end of each course.

# Lunchtime and refreshments

Lunchtime supervision between 12.30pm and 1.30pm is only provided for children attending both the AM and PM sessions. Children attending both AM and PM sessions must bring a packed lunch.

During break and lunchtimes we run a traditional tuck shop selling sweets, crisps, water and juice drinks. Children may bring a small amount of pocket money to spend but we do ask for parental discretion over the amount provided. If you do not wish your child to visit the Tuck Shop please ensure they have a drink and/or snack from home for break times.

# Early birds and late flyers

Children attending the Holiday Activity Courses can join the Early Birds structured activity course(s) which operate from 8.00am and/or Late Flyers structured activity course(s) which run after the courses finish up until 6.00pm. The charge for each course is £2.50 per day, or £5.00 for both courses. All children arriving before 9.10am and staying beyond 4.40pm must be booked into this facility.

In case of emergency, between the hours of 8.00am and 9.00am and again between 4.30pm and 6.00pm you may contact the Early or Late Club on **07584 644133.** Outside of these hours the usual contact numbers for the School and the Holiday Activity Course Office should be used. **Children attending the Late Flyers must be collected by 6.00pm at the very latest.** 

# Course fees for 2020

#### **Easter**

**Weeks 1 and 2** - courses consist of four halfday sessions and cost  $\pounds$ 60, or  $\pounds$ 120 for four full days (eg.  $\pounds$ 60 per week for just mornings or just afternoons only and  $\pounds$ 120 for four full days). Full day costs include lunchtime supervision.

#### Summer

**Weeks 1 to 5** - courses consist of five halfdays sessions and cost £75, or £150 for five full days (eg. £75 per week for just mornings or just afternoons only and £150 for five full days). Full day costs include lunchtime supervision.

# Age ranges

Children attending must have had their 5th birthday on or before the first day of attendance on the courses.

The age range for each course is an indication of suitability; please use the age your child will be at the beginning of each course, not his/her age at the time of registration.

# Bookings and payments

#### **Registering online**

You can book all courses and sessions online by visiting bedmod.co.uk. To guarantee places (subject to availability) we advise that you book online.

**New users** - If you are using the system for the first time you will need to create an account for your child in their name; if you have more than one child you will need to create an account for each child. You will be able to merge your accounts for future ease by clicking on **My Merged Accounts > Merge another Student Account.** 

#### Existing users (since January 2016) -

Please ensure you update the information entered for each child including age, school, medical and contact information by clicking on **My Wise Account > Your Details > Registration Data.** If you have forgotten your password you can request a new one through the system.

The booking system will allow you to check your booking details at your convenience, as well as add Early Bird and Late Flyer sessions at any time up to the day before attendance.

Payment will be taken by credit/debit card at the time of booking online. If you would like to pay by childcare vouchers or the tax-free childcare system, please complete the booking as normal and select 'Pay by Voucher' at the checkout. Your booking will be held for 7 days whilst awaiting payment; any places for which payment in full is not received within that time will be cancelled. To avoid disappointment we suggest parents contact their voucher providers to organise payment at the very earliest opportunity.

#### **Registering by post**

A detachable booking form can be found at the back of the brochure. Please fill in a separate form for each child, additional forms are available to download from the website or by calling the Holiday Activity Course Office. Alternatively, please feel free to photocopy the relevant form.

Please check that you fill in both the course name and the course code. You should indicate a second choice course; this will only be used if your first choice is full on receipt of your booking form. Please complete the Medical Details section in full. No confirmation will be sent unless all sections are completed. Places will be allocated on a first come first served basis and will be confirmed by e-mail or post.

Completed booking forms along with a cheque for the course fees should be returned to:

#### The Holiday Activity Course Office, Bedford Modern School, Manton Lane, Bedford, MK41 7NT.

If you would like your child/children to join the Early Birds and/or Late Flyers, please complete that section on the form and include the cost in your course fee cheque.

# Childcare vouchers

We are registered with a variety of childcare voucher providers as well as HM Government tax-free childcare system – a full list can be found on our website or by contacting the office. Should your provider not be listed we are happy to add further companies on request. For further information on the use of childcare vouchers please contact the Holiday Activity Course Office.

# Refund policy

All Holiday Activity Course bookings are subject to a 7 day cooling-off period during which you may change your mind. After this period refunds will not be given for cancellations.

No refunds are given for absence.

# Course content

We make every endeavour to bring your child the activity course as detailed in the description, however, very occasionally due to weather conditions or resource availability it may be necessary to change the content; please be assured that all activities will continue to be carried out to the same high standard.

Please see page 27 for further information on courses including protection of personal data and GDPR legislation, photography and use of mobile phones and electronic devices.

		Easter Summer							
Course Title	Age	Wk 1	Wk 2	Wk 1	Wk 2	Wk 3	Wk 4	Wk 5	
Aquatics	10 - 14					PM	PM		
Art and Craft	5 - 8	PM	PM	PM	PM	PM	PM	PM	
Art and Craft	8 - 14	AM		AM		AM	AM		
Athletics (Juniors)	5 - 9						AM		
Athletics	8 - 14			PM					
Athletics and Gymnastics	5 - 8				PM			PM	
Bikeability	10 - 14						AM		
Ceramics	6 - 9				PM				
Ceramics	10 - 14				АМ				
Chess and Board Games	7 - 14							PM	
Climbing	9 - 14	AM	AM		AM	AM	AM	AM	
Cookery	6 - 10	AM	AM	PM	7.11	AM	7.11	PM	
Cookery	8 - 14	PM	7 11 1			PM	PM	AM	
Cricket (Juniors)	6 - 10			PM		PM	1.1.1	2111	
Cricket	10 - 14			1 1 1	PM	1.11			
Drama Foundation	10 - 14 6 - 10	AM			AM		АМ		
	6 - 10 8 - 14	AM PM		PM	AM		PM		
Drama		PIM	0.0.0	PIVI	DM		PIVI		
Fashion Design	8 - 14 8 - 14		AM		PM	0.04	AM		
Fencing		514	PM		514	AM			
Football (Juniors)	5 - 9	PM	PM		PM		PM	514	
Football	9 - 14		AM		AM	AM		PM	
Fun Science	10 - 14					PM			
Fun with I.T.	7 - 11			AM		AM			
Gymnastics	5 - 8	PM				PM	PM		
Gymnastics	8 - 14			PM					
Health and Beauty	8 - 14		PM			PM			
Hockey	8 - 14	AM				PM		AM	
I.T. Challenge	9 - 14		PM		AM				
Junior Dragons' Den	10 - 14						PM		
Martial Arts	5 - 8		PM			PM	PM		
Multi-Activity	5 - 8	AM	AM	AM	AM	AM	AM	AM	
Multi-Sports	8 - 14	PM		AM	PM	PM	AM	AM	
Netball (Juniors)	6 - 10			AM					
Netball	8 - 14				AM			PM	
Paper Mechanics	9 - 14		PM						
Photography	10 - 14	PM						PM	
Printmaking	10 - 14							AM	
Racket Sports	8 - 14		PM			AM	PM		
Rowing	11 - 14	AM		AM		AM		AM	
School of Modern Magic	9 - 14			PM		AM			
Street Dance	7 - 14		PM		AM			AM	
Studio Sounds	9 - 14	AM		PM				PM	
Survival Adventure Skills	10 - 14	PM	AM	AM	PM		AM		
Table Tennis	8 - 14	AM		AM			PM		
Technology	9 - 14	AM	AM		PM	PM			
Fextiles	10 - 14						AM		
Urban Art	9 - 14		AM				PM		
Youth Television	9 - 14 10 - 14	PM	API	AM	AM	AM	1.11		

# **Easter** Activity Courses



# Week 1 Monday 06 April - Thursday 09 April

AM		
Code	Course Title	Age
E-AM1	Multi-Activity	5 - 8
E-AM2	Cookery	6 - 10
E-AM3	Drama Foundation	6 - 10
E-AM4	Art and Craft	8 - 14
E-AM5	Hockey	8 - 14
E-AM6	Table Tennis	8 - 14
E-AM7	Climbing	9 - 14
E-AM8	Studio Sounds	9 - 14
E-AM9	Technology	9 - 14
E-AM10	Rowing	11 - 14

### PM

Code	Course Title	Age
E-PM11	Art and Craft	5 - 8
E-PM12	Gymnastics	5 - 8
E-PM13	Football (Juniors)	5 - 9
E-PM14	Cookery	8 - 14
E-PM15	Drama	8 - 14
E-PM16	Multi-Sports	8 - 14
E-PM17	Photography	10 - 14
E-PM18	Survival Adventure Skills	10 - 14
E-PM19	Youth Television	10 - 14

# Week 2 Tuesday 14 April - Friday 17 April

AM			PM		
Code	Course Title	Age	Code	Course Title	Age
E-AM20	Multi-Activity	5 - 8	E-PM28	Art and Craft	5 - 8
E-AM21	Cookery	6 - 10	E-PM29	Martial Arts	5 - 8
E-AM22	Fashion Design	8 - 14	E-PM30	Football (Juniors)	5 - 9
E-AM23	Climbing	9 - 14	E-PM31	Street Dance	7 - 14
E-AM24	Football	9 - 14	E-PM32	Fencing	8 - 14
E-AM25	Technology	9 - 14	E-PM33	Health and Beauty	8 - 14
E-AM26	Urban Art	9 - 14	E-PM34	Racket Sports	8 - 14
E-AM27	Survival Adventure Skills	10 - 14	E-PM35	I.T. Challenge	9 - 14
			E-PM36	Paper Mechanics	9 - 14

# Summer Activity Courses



# Week 1 Monday 20 July - Friday 24 July

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Code	Course Title	Age
S-AM1	Multi-Activity	5 - 8
S-AM2	Netball (Juniors)	6 - 10
S-AM3	Fun with I. T.	7 - 11
S-AM4	Art and Craft	8 - 14
S-AM5	Multi-Sports	8 - 14
S-AM6	Table Tennis	8 - 14
S-AM7	Survival Adventure Skills	10 - 14
S-AM8	Youth Television	10 - 14
S-AM9	Rowing	11 - 14

# PM

Code	Course Title	Age
S-PM10	Art and Craft	5 - 8
S-PM11	Cookery	6 - 10
S-PM12	Cricket (Juniors)	6 - 10
S-PM13	Athletics	8 - 14
S-PM14	Drama	8 - 14
S-PM15	Gymnastics	8 - 14
S-PM16	School of Modern Magic	9 - 14
S-PM17	Studio Sounds	9 - 14

# Week 2 Monday 27 July - Friday 31 July

AM			PM		
Code	Course Title	Age	Code	Course Title	Age
S-AM18	Multi-Activity	5 - 8	S-PM27	Art and Craft	5 - 8
S-AM19	Drama Foundation	6 - 10	S-PM28	Athletics and Gymnastics	5 - 8
S-AM20	Street Dance	7 - 14	S-PM29	Football (Juniors)	5 - 9
S-AM21	Netball	8 - 14	S-PM30	Ceramics	6 - 9
S-AM22	Climbing	9 - 14	S-PM31	Fashion Design	8 - 14
S-AM23	Football	9 - 14	S-PM32	Multi-Sports	8 - 14
S-AM24	I. T. Challenge	9 - 14	S-PM33	Technology	9 - 14
S-AM25	Ceramics	10 - 14	S-PM34	Cricket	10 - 14
S-AM26	Youth Television	10 - 14	S-PM35	Survival Adventure Skills	10 - 14

# Week 3 Monday 03 August - Friday 07 August

AM		
Code	Course Title	Age
S-AM36	Multi-Activity	5 - 8
S-AM37	Cookery	6 - 10
S-AM38	Fun with I. T.	7 - 11
S-AM39	Art and Craft	8 - 14
S-AM40	Fencing	8 - 14
S-AM41	Racket Sports	8 - 14
S-AM42	Climbing	9 - 14
S-AM43	Football	9 - 14
S-AM44	School of Modern Magic	9 - 14
S-AM45	Youth Television	10 - 14
S-AM46	Rowing	11 - 14

# PM

Code	Course Title	Age
S-PM47	Art and Craft	5 - 8
S-PM48	Gymnastics	5 - 8
S-PM49	Martial Arts	5 - 8
S-PM50	Cricket (Juniors)	6 - 10
S-PM51	Cookery	8 - 14
S-PM52	Health and Beauty	8 - 14
S-PM53	Hockey	8 - 14
S-PM54	Multi-Sports	8 - 14
S-PM55	Technology	9 - 14
S-PM56	Aquatics	10 - 14
S-PM57	Fun Science	10 - 14

# Week 4 Monday 10 August - Friday 14 August

AM		
Code	Course Title	Age
S-AM58	Multi-Activity	5 - 8
S-AM59	Athletics (Juniors)	5 - 9
S-AM60	Drama Foundation	6 - 10
S-AM61	Art and Craft	8 - 14
S-AM62	Fencing	8 - 14
S-AM63	Multi-Sports	8 - 14
S-AM64	Climbing	9 - 14
S-AM65	Bikeability	10 - 14
S-AM66	Survival Adventure Skills	10 - 14
S-AM67	Textiles	10 - 14

# PM

Course Title	Age
Art and Craft	5 - 8
Gymnastics	5 - 8
Martial Arts	5 - 8
Football (Juniors)	5 - 9
Cookery	8 - 14
Drama	8 - 14
Racket Sports	8 - 14
Table Tennis	8 - 14
Urban Art	9 - 14
Aquatics	10 - 14
Junior Dragons' Den	10 - 14
	Art and Craft Gymnastics Martial Arts Football (Juniors) Cookery Drama Racket Sports Table Tennis Urban Art Aquatics







# Week 5 Monday 17 August - Friday 21 August

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Code	Course Title	Age
S-AM79	Multi-Activity	5 - 8
S-AM80	Street Dance	7 - 14
S-AM81	Cookery	8 - 14
S-AM82	Hockey	8 - 14
S-AM83	Multi-Sports	8 - 14
S-AM84	Climbing	9 - 14
S-AM85	Printmaking	10 - 14
S-AM86	Rowing	11 - 14

# PM

Code	Course Title	Age
S-PM87	Art and Craft	5 - 8
S-PM88	Athletics and Gymnastics	5 - 8
S-PM89	Cookery	6 - 10
S-PM90	Chess and Board Games	7 - 14
S-PM91	Netball	8 - 14
S-PM92	Football	9 - 14
S-PM93	Studio Sounds	9 - 14
S-PM94	Photography	10 - 14



# Aquatics



If you love swimming and want to improve your strokes as well as learn exciting skills then this course is perfect for you. Throughout the week you will have the chance to improve your swimming strokes both over widths and lengths, undertake competitive starts and turns, lifesaving, synchronised swimming, diving and water polo.

Kit List: Swimming kit including two towels (one for poolside) and a spare t-shirt, flip flops or slides of some kind to wear during break time



Our superbly equipped art department, allied with the expertise of our resident art specialists will give you the opportunity to express your imagination whilst trying your hand with a range of materials and processes. This extremely popular and constantly evolving course will enable you to undertake a variety of different tasks appropriate to your age. Previous projects have included foam printing, puppet making, clay monsters, door hangers, life-size super heroes and fabric bag designs. Completed projects will be taken home. Please remember to bring an old shirt or apron as this promises to be a very handson course.

Kit List: Apron / old shirt



A lively imagination is needed for this course as you will develop your construction, modelling, drawing and painting skills. Several different activities will take place simultaneously in our large and well-equipped art department. Etching, screen printing, paper weaving, dream catchers and soap carvings are some of the projects which have been undertaken in the past. New projects are undertaken on each course. **Kit List: Apron / old shirt** 

#### Athletics (Juniors)

#### Summer

Age

You will thoroughly enjoy this interesting and varied course which combines caring instruction with the latest junior athletics equipment such as foam javelins, rubber discus and collapsible hurdles to give the perfect opportunity for an all-action week. Traditional disciplines including sprinting, relays and various throwing events together with lots of fun events and numerous ongoing competitions complete this course.

Kit List: Trainers, warm / waterproof clothing



2020 sees the return of the Olympics and like the global athletes competing in the Far East you will undertake a wide variety of track and field disciplines. Using the School's extensive athletics equipment your technique and skill will be improved under the expert eye of our athletics coach; however, the clear emphasis will be on participation and enjoyment.

Kit List: Trainers, warm / waterproof clothing



A wonderful opportunity to combine these two popular activities. Throughout the course the emphasis will be on the building of confidence and teamwork. Gymnastic skills such as balance, co-ordination and movement will be combined with fun based athletic games and races. We expect you to return home happy and tired after this action-packed week.

Kit List: Trainers, warm / waterproof clothing





#### Bikeability -Level 2

Summer

The Road Risk Adviser will oversee this informative course which is run to the requisite national standards. You will be instructed in all elements of road cycling, road safety and understanding of the Highway Code. There will also be a basic introduction to bicycle maintenance. You will require your own cycle helmet and bicycle, which must be in roadworthy condition (both of which can be safely stored at BMS throughout the week). If you pass the end of week test you will be presented with a Bikeability certificate and badge.

Kit List: Bicycle, helmet, consent form to be returned to BMS before course begins. An information pack will be sent out shortly after booking



### Ceramics

Summer Age

Enter the fun and exciting world of clay on this popular and very 'hands-on' course. Grow your imagination and develop your creative skills as this course allows you to learn the craft of working with clay to produce a selection of pieces including pots, mini heads, plaques and mythical beasts. The course offers the opportunity to develop your skills using a range of techniques including the thumb, coil and slab methods. You will be using air drying modelling clay which won't require firing so you can take your items home at the end of the week.

#### Kit List: Apron / old shirt





This course has proved to be a great success as it allows you to explore your creativity while having fun and learning the craft of ceramics. Clay is a wonderful, tactile medium that offers the chance to work three dimensionally and build new structures, shapes and forms. You will develop your skills by producing a range of outcomes using the thumb, coil and slab methods. All participants finish the week by designing and making their own work using one of the techniques learnt during that week. You will be using air drying modelling clay which won't require firing so you can take your items home at the end of the week. **Kit List: Apron / old shirt** 





#### Chess and Board Games

Age 7-14

Summer

Chess, Scrabble, Connect 4 and the everpopular Monopoly are some of the games you will enjoy on this course. Whatever your previous experience you will be able to develop and improve your standard of play. A grand masters tournament will be in operation throughout the week, with medals for the winners. All of the above will be overseen by our resident chess expert. **Kit List: None** 

# Climbing E



This course is designed to appeal to the more adventurous of you. Under the expert guidance of our fully qualified and experienced outdoor education specialist you will initially cover the basic safety requirements for this exciting activity, using our indoor climbing facility. Techniques such as traversing, belaying and lowering off will be introduced, which may be followed by more advanced skills including climbing to abseil and top rope protection. No previous experience is required but a mature and sensible attitude will be expected.

#### **Kit List: Trainers**



This is an extremely popular course with both boys and girls. During the week you will make a range of sweet and savoury baked items including breads, biscuits and cakes with guidance. You will work in a team to help create these delicious bakes before taking a slice home to share and sample with your family. At the end of the week you will receive a recipe book to continue making your favourite recipes at home. It is important to bring an apron and container each day.

Kit List: Apron / old shirt and two Tupperware style containers to take items home in



This course challenges your baking skills as you follow more advanced recipes and learn more complicated skills to create a range of baked goods such as doughnuts, lemon meringue pie and Battenburg. Working more independently as a team, you will use a variety of equipment to measure, mix ingredients and decorate your creations. Each day you will take home a slice or piece of the finished bake to taste test with your family. Please remember to bring your apron and a container.

Kit List: Apron / old shirt and two Tupperware style containers to take items home in



With England now the recently crowned World champions this course will introduce you to the basic skills of this traditional sport. Our experienced cricket coach will cover aspects of the game such as batting, bowling and fielding using a variety of fun practices. We will begin the course with lots of games of Kwik Cricket and aim to progress to full games on the square.

#### **Kit List: Trainers**

#### Cricket

Summer Age

This course allows you the opportunity to relish one of our most traditional sports and emulate global superstars such as Ben Stokes. Matches on the square, single and double wicket competitions and some lively and informative skill practices with our experienced cricket coach will ensure an action-packed week.

#### **Kit List: Trainers, protective box**



Drama Easter Foundation Summer

Creative and imaginative young minds will be stimulated on this popular course which is a great hit with all aspiring thespians, regardless of previous experience. As the week progresses, you will grow in confidence and relish the opportunity to be involved in the end of course production. Your parents will be amazed by the professionalism of these performances and all of you will have a thoroughly enjoyable time. **Kit List: None** 

# Drama

Easter Summer

This popular and creative course will improve your theatrical abilities and confidence. There are lines to be learnt, costumes to be prepared and scenery to be arranged. All of these components are put together in an end of course production, which is invariably a colourful, professional and exciting spectacle. No previous theatrical experience is needed. **Kit List: None** 



Using exciting fashion templates and materials, you will follow the design process by creating your own mood board and drawing illustrations to inspire your own deconstruct / reconstruct fashion item. We will be recycling unwanted or ill-fitting clothes to create a fabulous outfit. This will include tie dye, pocket painting and sewing using lovely embellishing items. There will be the paper outfit challenge and a class fashion show. This course will comprise of individual and group work.

Kit List: Old / unwanted clothes, white cotton item for tie dye and denim item for pocket painting (all optional)



Ever wondered what it's like to be a musketeer? Is there a bit of Jack Sparrow in you? Are you a Xena Warrior Princess? A wonderful opportunity to sample this rather unique and fast-paced Olympic sport. You will be given instructions in all aspects of fencing by our experienced and fully-qualified instructor, enabling you to practise your new-found skills in a variety of competitive situations.

Kit List: Tracksuit trousers, trainers and water bottle – no leggings, please



#### Football (Juniors)

#### Easter Age Summer

This course gives you the opportunity to emulate your favourite footballers. Our experienced and enthusiastic staff will go through the basic techniques in what remains the world's most popular sport. There will be lots of fun competitions and matches throughout the week, where you will play alongside those of a similar age and ability. **Kit List: Football boots, shin guards** 

(essential), warm / waterproof clothing, this course will run outdoors weather permitting, however, in case of adverse conditions, please also bring trainers





Consolidation of the basic skills such as trapping, shooting, passing and heading will form the initial part of this course, before more complex techniques are covered. An ongoing tournament and numerous competitions will ensure you have a challenging and fun time.

Kit List: Football boots, shin guards (essential), warm / waterproof clothing, this course will run outdoors weather permitting, however, in case of adverse conditions, please also bring trainers



Fun Science

Summer

This is the kind of science you will love. Using the School's state-of-the-art Science Centre you will undertake a variety of activities during the week designed to capture your imagination and further your interest in science. These include experimental and problem investigative work, solving, teamwork, games and competitions. Above all, the emphasis will be the 'hands-on' enjoyment of science in a safe and controlled environment without the need to follow a school svllabus. Kit List: None



This fun and exciting course takes place in our modern computer suite under the experienced and patient guidance of our resident expert. You will be fully involved in many aspects of information technology such as designing your own computer games, creating animated films or building your own website. The emphasis throughout will be on enhancing your skills in a relaxed and informative manner. This course will be tailored to suit your ability. **Kit List: None** 

#### Gymnastics



An introduction to basic gymnastic skills and techniques for younger boys and girls aimed at developing confidence, balance and agility. You will enjoy taking part in floor work exercises, tumbling and beam work as well as having the chance to experience the awesome Air Track. The trampete will take your new found confidence that extra step further with the opportunity to have a go at some assisted vaulting; you will also be introduced to Acrobatic Gymnastics.

Kit List: Shorts, t-shirt, leotard (optional) – no jeans or dresses, please

#### Gymnastics



The recent re-introduction of this course proved very popular, allowing the older boys and girls to build on the core gymnastics skills of flexibility, co-ordination, agility, balance and aerial awareness. Through positive feedback and encouragement you will master rolls, cartwheels, handstands, headstands and somersaults and will enjoy working on more complex agilities through set progressions. Floor routines play an important role in gymnastics and during the course you will work together on routines to music, incorporating individual and partnership skills as well as receiving an introduction to Acrobatic Gymnastics.

Kit List: Shorts, t-shirt, leotard (optional) – no jeans or dresses, please



#### Health and Beauty

Easter Summer



Do you enjoy pampering yourself? If you do, this fun and informative course will offer you instruction and advice on how to cleanse, tone and moisturise your face, incorporating facial massages and the use of facial packs. You will also learn about hand and foot care, manicure and pedicure and the application of nail varnish incorporating nail art and gems, together with a whole variety of other hair and beauty treatments.

Kit List: Small towel, brush and comb



Hockey





A popular course for both boys and girls that takes place on our recently replaced outdoor all-weather pitch. Regardless of experience or ability the basic skills of passing, dribbling, tackling and shooting will be covered. Smallsided games and competitions based on age and ability will be a fundamental part of the week. Sticks are provided.

Kit List: Trainers, warm / waterproof clothing, shin guards (essential). A gum shield is highly recommended

# I.T. Challenge

#### Easter Age 9-14

This informative course takes place in our fantastic computing suite. You will cover many aspects of information technology such as creating your own computer game, programming using a modern programming language or design and the creation of your own website. These are all aimed at developing your technical knowledge, design skills and problem solving abilities, while at the same time being great fun! **Kit List: None** 



Junior Dragons' Den Summer

Have you ever looked at a product and wondered how it was made and marketed? This course has proven to be popular as it gives you the opportunity to design a product and its pitch. Test your business and marketing skills throughout the week in team challenges bringing out your competitive side. Calling all budding entrepreneurs, this could be the beginning of a globally-recognised business empire! **Kit List: None** 

# Martial Arts Easter (Mighty Monkeys) Summer

Now a well-established and very popular addition to our holiday courses, for those of you interested in growing in confidence and learning the basics required for any martial arts class. This is a non-contact course which is not style specific to any given martial art, where you will learn through play and benefit from improved balance, co-ordination, fitness and discipline. With a variety of games, competitions and structured fun you will learn set forms (sequences of movements), set pad and movement drills and will grow through greater awareness and life skill training (such as stranger danger). Who knows – you may be the next Kung-Fu Panda! Kit List: None



This is an extremely popular course which promises to send you home happy! We adapt the range of activities to your age and ability to enable you to get the most out of them. You will be placed in a small group to ensure that you get lots of individual attention from our enthusiastic team of staff. This all-action course includes a wide variety of exciting pursuits such as bouncy castle, fun and games in the swimming pool and the chance to try the unusual and fun-filled Kin ball. The highlight for many will be a speedy blast around the track on the quad bikes.

Kit List: Warm / waterproof clothing, indoor / outdoor footwear. Swimming kit will be required but not on the first day; a weekly timetable is available to view when dropping the children off

5-8

Summe



Multi-Sports Easter Age Summer

You will enjoy a wide variety of sports on this course, which is designed for older boys and girls who wish to experience a little of everything. Your agility, balance and handeye co-ordination are developed and improved through such diverse sports as softball, rounders, basketball and tennis. After all this exertion you will put our first class swimming pool to good use with a refreshing dip.

Kit List: Trainers, warm / waterproof clothing, swimming kit (not required on first day)



This course sees the opportunity for younger girls and boys to experience this dynamic and fast-moving sport. Regardless of whether you have played netball or not, this course will introduce all the key skills in a fun and enjoyable fashion. By the end of the week you will be enjoying a variety of competitive situations and be able to demonstrate the key skills of this popular sport.

Kit List: Trainers, warm / waterproof clothing

# Netball

Age 8-14

Summer

A course for girls and boys which aims to develop and nurture the essential skills of netball, regardless of previous experience. Your shooting, dodging, passing and defending will be improved in an enjoyable and safe environment. Throughout the course there will be shooting challenges as well as a number of different tournaments and competitions.

Kit List: Trainers, warm / waterproof clothing



The paper mechanics course explores endless possibilities with paper, card and tissue. This course appeals to all who are interested in making and designing. You will discover the magical world of Origami, the numerous possibilities with nets and your own surface design packaging. We will investigate simple book binding techniques; making personalised and beautiful notebooks and book covers using specialist tools. There are lots of small paper project possibilities during the week; paper flowers, airplane challenge, fan making and lantern construction. Throughout the week participants will build a Paper Mache model designed and painted to your own plan. All that's required is an apron and nimble fingers!

#### Kit List: Apron / old shirt



### Photography Easter Age Summer

This popular course offers you a great chance to develop your skills in both digital and black and white photography. All participants will get a chance to make a range of images and have a go at printing their own pictures using traditional and modern techniques. No previous experience is needed and all equipment and materials are provided. **Kit List: None** 

#### Kit List: None

Printmaking



This recently re-introduced course offers a practical workshop exploring a wide and exciting range of printmaking techniques including linocut, monoprint, screenprinting, drypoint and etching amongst others. This is very much a 'hands-on' course which will be of particular interest to those of you with creative and artistic interests.

#### Kit List: Apron / old shirt



A holiday course classic for those who are interested in badminton and tennis. Our expert and patient coaches will allow you to learn, practise and develop a range of strokes and skills as well as improve your tactical awareness. There will be a number of different tournaments taking place during the week with prizes for the participants.

Kit List: Trainers, warm / waterproof clothing, rackets are provided (you may bring your own if you wish, but please mark this clearly with your name)

# Rowing

Easter Summer

This course takes place at our excellent fully equipped boathouse. Whether you are a complete novice or have rowing experience this course will be tailored to suit your ability. You will be given the opportunity to try single sculling and crew sculling using the School's state-of-the-art equipment. N.B. There will be a swim test and a capsize test in our swimming pool to ascertain confidence in the water. Participants must be competent swimmers.

Kit List: Trainers, swimming kit (for swim test on first day) and a change of clothing just in case!



This course has now established itself as a firm holiday course favourite. Not only will you learn how the magic works, you will learn how to do magic for yourself with everyday objects and playing cards. Can you imagine being able to magically pass a ball through a solid steel cup? Make balls move from under one cup to another? Asking someone to choose a word in their mind and you tell them what they're thinking? Pull coins and other objects out of thin air? Pass a solid length of rope through someone's body? Imagine no more. You will learn all these magic effects and You will learn magic tricks, more! performance skills, sleight of hand and mind reading. By the end of this course you will be amazing your friends and family with your magical powers, but remember, it's a secret, so don't tell anyone how the magic happens! Kit List: None



# Street Dance



Street Dance remains one of the most innovative and dynamic dance styles enjoyed by many around the world. We will use popular music from pop to hip-hop and choreograph routines using set moves and your own interpretation with the help of an experienced dance teacher. By the end of the week on this exciting course you will have perfected a complete dance routine that will give you confidence and can be shown off to friends and family.

#### Kit List: None



Are you a budding singer? Would you like to cut your first track and produce the ultimate demo CD? If so, pop stardom awaits you on this exciting course. You will select the backing track for the song you wish to record and receive expert singing tuition to enable you to achieve the best results from your recording sessions. Professional results from state-of-the-art digital recording, mixing and mastering means you will go home with your first single, and a compilation album or its digital equivalent of the songs performed by your fellow pop stars. **Kit List: None** 

# Survival Adventure **Easter** Skills (SAS) **Summer**

This action-packed course has developed something of a cult status, renowned for its all-thrills adventures and excitement. As the week progresses there will be the opportunity to partake in some survival cooking, team building, orienteering and invasion games, as well as observation techniques, camouflaging and shelter building. It promises to be a very hands-on course which will run outdoors.

Kit List: Camouflaged combat clothing is provided, but please wear suitable clothing which may get dirty; sturdy shoes or boots are required along with an alternative pair of trainers / shoes and spare socks



Table tennis is a fast and exciting sport and this course has consistently been one of our most popular in recent years. All aspects of modern play, including shot selection, match tactics and match play will be covered using a variety of practice methods during this much enjoyed course.

**Kit List: Trainers** 



### Technology

#### Easter Summer

Our state-of-the-art technology centre offers the very best facilities for you to design and manufacture your own projects. You will be given the opportunity to use many different machines, tools, skills and techniques and you can take your completed masterpiece home at the end of the course. Previous projects have included LED light boxes, customised bug hotels and portable speakers. As always, none of the previously undertaken projects will be repeated.

Kit List: None



Textiles



The textiles course offers a great opportunity to use the most current textile methods within a fully-equipped, stimulating and fun environment. The use of an array of materials and equipment allows you to develop and explore your design ideas. With expert tuition, you will gain confidence in many techniques. There will be an opportunity to enjoy felting, tie-dye, hand sewing and the Japanese technique, Sashiko. Using lush fabrics, beads, braids and plenty of ideas you will create fashionable items of your choice. Bring along a white T-shirt or vest for tie-dye (otherwise a small item will be provided). The end result can be taken home or given as presents and the skills you learn will help you to enjoy textiles a whole lot more in your own time. Kit List: White t-shirt or vest to tie-dye. Denim with pocket for Sashiko (optional)

Urban Art

Easter Summer

Using Banksy as our inspiration, this exciting course takes you through the drawing and stencilling techniques popular with this elusive graffiti artist. We will be learning basic Photoshop skills to create а digital manipulated graffiti portrait and stencilling to use on your spray paint work. This is a great opportunity to get involved in an amazing strand of the art world and by the end of the week you will have experienced spray stencilling painting, and designed а personalised Tag.

Kit List: Apron / old shirt



If you have ever watched the television and thought, "I could do that", this is the chance to prove yourself. You will create a programme using industry standard equipment, this will involve scripting, planning, directing and filming part of a programme. Students will be operating the equipment themselves and will have this unique opportunity to learn more about the process and work involved in putting together a television programme. At the end of the course you will receive a DVD or its digital equivalent of your programme. **Kit List: None** 





**66** I've really enjoyed all the activities, in particular the quad bikes and the bouncy castle in Multi-Activity, and the drawing and bag making in Arts and Crafts. The staff are all really helpful and I've loved everything. **9** 



**6** I've made lots of new friends on the Holiday Activity Courses this year, everyone is really friendly and there's a great atmosphere. It's good to be able to focus on something which really interests you and you can come back time and time again because there are so many great things on offer. **9** 

#### **Easter** Activity Courses 2020 This form can be used from Friday 10 January for Easter bookings. 1. Child's details Please complete a seperate form for each child First Name: Surname: Date of birth: Current school: F: M: Age when course starts: 2. Parent's details Please give details of parent or guardian we should contact regarding these courses Name: Address: Postcode: Contact telephone numbers: Please tick which number we should call first during the course. Home: Mobile: Work: Email address: Name and contact details of an alternative Emergency Contact during the courses if parent is not contactable: Name: Relationship to child: Contact telephone number(s): 3. Photography Consent

During every course we take photographs of the activities which we then use for publicity purposes including the next brochure, posters and on our website. Do you give consent for your child to be photographed? Yes: No: Please note if you do not show a preference we will assume it to be yes.

#### 4. General Data Protection Regulations (GDPR) Important

As part of the booking process you will be asked to provide personal data. For full information on data collected and its storage please read the notes on page 27 of the Holiday Activity Course Brochure. Details can also be requested by contacting the Holiday Activity Course office.

# I confirm that I have read the information on GDPR contained within the brochure and agree to the collection and storage of information as set out and required for my child's attendance.

#### 5. Course Choices

All course places are allocated on a first come first served basis. As courses fill up quickly, please select a first choice and reserve choice course for each session. Please write both the course name and code.

#### Week 1 Monday 06 to Thursday 09 April

<b>AM</b> 9.30 am - 12.30pm	Course Name	Course Code
First choice		E-AM
Reserve choice		E-AM
<b>PM</b> 1.30 pm - 4.30pm	Course Name	Course Code
PM 1.30 pm - 4.30pm First choice	Course Name	Course Code E-PM

Week 2

Tuesday 14 to Friday 17 April

<b>AM</b> 9.30 am - 12.30pm	Course Name	Course Code
First choice		E-AM
Reserve choice		E-AM
<b>PM</b> 1.30 pm - 4.30pm	Course Name	Course Code
<b>PM</b> 1.30 pm - 4.30pm First choice	Course Name	Course Code E-PM

If you would like your child to join the Early Birds and/or Late Flyers structured activity courses, please tick the sessions required. Each morning or afternoon session costs £2.50 or £5.00 per day for both the Early Birds and Late Flyers. Wed I IIIIIIIIIIIIIIIIIIIIIIIIIIIIIIIIII	
7. Medical details Please ensure ALL questions are answered in full	
<ul> <li>a. Does your child currently have any of the following conditions? Asthma Yes/No Hayfever Yes/No Eczema Yes/No Migraine Yes/No Diabetes Yes/No Epilepsy/Convulsion If yes, please give details:</li> </ul>	ns <b>Yes/No</b>
<b>b.</b> Does your child have any allergies? <b>Yes/No</b> If yes, please give details including any medication required:	
c. Are there any recent illnesses/conditions of which we should be aware? Yes/No If yes, please give details:	
d. Do you give consent for the School Nurse to administer or offer the following to your child, if considered necessary? Paracetemol (Calpol) Yes/No Anti-histamine Yes/No Sun cream Yes/No	
Medical Declaration: In the unlikely event of an emergency arising in which it is impossible to contact you, will you sign below the School permission to act on your behalf?	r to give
Signature: Print name: Date:	
<b>8. Miscellaneous information</b> Please provide any additional information you feel may be important for your child's booking, either medical or general:	
<ul> <li>9. Checklist and payment   enclose the following</li> <li>The course fee of £ including payment for the Early Birds and/or Late Flyers if applicable</li> <li>(Cheque made payable to Bedford Modern School)</li> </ul>	
	onfirmation

Summer /	Activity Co	urses	2020
This form can be used from Friday 24 April for Summer bookings.			
1. Child's details Please of	complete a seperate form for (	each child	
First Name:	Surname:	Date of b	pirth:
Current school:		M: F: Age when co	ourse starts:
2. Parent's details Please	give details of parent or guard	tian we should contact regarding <sup>.</sup>	these courses
Name:			
Address:		Postcode	:
Contact telephone numbers: Pleas	e tick which number we should call fir	st during the course.	
Home:	Mobile:	Work:	
Email address:			
Name and contact details of an al	ternative Emergency Contact during t	the courses if parent is not contactable:	
Name:		Relationship to child:	
Contact telephone number(s):			
<b>3. Photography</b> Consent During every course we take photo	graphs of the activities which we then	use for publicity purposes including the ne	xt brochure,

posters and on our website. Do you give consent for your child to be photographed? Yes: No: Please note if you do not show a preference we will assume it to be yes.

#### 4. General Data Protection Regulations (GDPR) Important

As part of the booking process you will be asked to provide personal data. For full information on data collected and its storage please read the notes on page 27 of the Holiday Activity Course Brochure. Details can also be requested by contacting the Holiday Activity Course office.

# I confirm that I have read the information on GDPR contained within the brochure and agree to the collection and storage of information as set out and required for my child's attendance.

#### 5. Course Choices

All course places are allocated on a first come first served basis. As courses fill up quickly, please select a first choice and reserve choice course for each session. Please write both the course name and code.

Week 1	Monday 20 July to Friday 2	4 July		
<b>AM</b> 9.30 am - 12.30pm	First choice Course Name	Course Code	Reserve choice Course Name	Course Code
		S-AM		S-AM
<b>PM</b> 1.30 pm - 4.30pm	First choice Course Name	Course Code	Reserve choice Course Name	Course Code
		S-PM		S-PM
Week 2	Monday 27 July to Friday 3	1 July		
<b>AM</b> 9.30 am - 12.30pm	First choice Course Name	Course Code	Reserve choice Course Name	Course Code
		S-AM		S-AM
<b>PM</b> 1.30 pm - 4.30pm	First choice Course Name	Course Code	Reserve choice Course Name	Course Code
		S-PM		S-PM
Week 3	Monday 03 August to Frida	y 07 August		
<b>AM</b> 9.30 am - 12.30pm	First choice Course Name	Course Code	Reserve choice Course Name	Course Code
		S-AM		S-AM
<b>PM</b> 1.30 pm - 4.30pm	First choice Course Name	Course Code	Reserve choice Course Name	Course Code
		S-PM		S-PM

Week 4	Monday 10 August to Friday	/ 14 August		
<b>AM</b> 9.30 am - 12.30pm	First choice Course Name	Course Code	Reserve choice Course Name	Course Code
		S-AM		S-AM
PM 1.30 pm - 4.30pm	First choice Course Name	Course Code	Reserve choice Course Name	Course Code
		S-PM		S-PM
Week 5	Monday 17 August to Friday	/ 21 August		
<b>AM</b> 9.30 am - 12.30pm	First choice Course Name	Course Code	Reserve choice Course Name	Course Code
		S-AM		S-AM
<b>PM</b> 1.30 pm - 4.30pm	First choice Course Name	Course Code	Reserve choice Course Name	Course Code
		S-PM		S-PM

#### 6. Early Birds and/or Late Flyers

If you would like your child to join the Early Birds and/or Late Flyers structured activity courses, please tick the sessions required. Each morning or afternoon session costs £2.50 or £5.00 per day for both the Early Birds and Late Flyers.

Week	Early AM	Late PM	Week 2	Early <b>AM</b>	Late PM	Week 3	Early AM	Late PM	Week 4	Early <b>AM</b>	Late PM	Week 5	Early <b>AM</b>	Late PM
Mon			Mon			Mon			Mon			Mon		
Tues			Tues			Tues			Tues			Tues		
Wed			Wed			Wed			Wed			Wed		
Thurs			Thurs			Thurs			Thurs			Thurs		
Fri			Fri			Fri			Fri			Fri		
7. Medi	cal d	etails	Please er	sure		lestions are	e ansv	wered	in full					
a. Does yo Asthma If yes, p	Yes/No	<b>)</b> Hay	ly have any c yfever <b>Yes/N</b> e iils:		•			e <b>Yes/N</b>	<b>o</b> Diabete	es <b>Yes</b> /	′No ∣	Epilepsy/Convi	ulsions	Yes/No
). Does yo	ur child	have ar	ny allergies?	Yes/No	<b>b</b> If ye	es, please giv	ve deta	ails inclue	ding any me	dicatio	n requir	red:		
c. Are the	e any re	ecent illr	nesses/condit	ions of	which	we should be	e aware	? <b>Yes∕N</b>	lo If yes, p	lease	give de <sup>.</sup>	tails:		
d. Do you Paracet	•		or the School <b>Yes/No</b>			nister or offer <b>Yes/No</b>		owing to ream <b>\</b>		f consid	dered n	ecessary?		
Medical D	eclarat	ion: In th			an eme	ergency arisin	ng in wł	nich it is i	mpossible to	conta	ct you, v	will you sign b	elow to	o give
Signature:				Print	name:						Date:			
8. Misce	ellane	ous i	nformatio	n										
Please pro	vide an	y additic	onal informat	ion you	ı feel m	ay be impor	tant for	your ch	ild's booking,	either	medico	al or general:		
Chor	-		avmont	onel	oro th	o following	2							
			ayment	enci										
The co	ourse fee	∋ of £			includi	ng payment	for the	Early Bir	ds and/or Lat	e Flyers	s if appli	icable		

(Cheque made payable to Bedford Modern School).

Payment due by Childcare Vouchers/ Tax Free Childcare Scheme £

I understand that if payment confirmation is not received by BMS within 7 days of receipt of the booking form courses will be cancelled.

Signature:

# Enquiries

Please telephone the Holiday Activity Course Office on (01234) 332667. If voicemail is on a member of the Holiday Course Team will respond to your call as soon as they return to the office.

# Photography

During our courses we take photographs of the activities which we then use for publicity purposes including the brochure, posters and on our website. If you would rather we did not feature your child, please indicate this when booking either online or by booking form so that we can ensure he/she is not included. If you do not indicate either way we will assume you are happy for them to be featured so do please check your booking details.

# Use of mobile phones and electronic devices

We strongly recommend children do not bring mobile phones or electronic devices, i.e. tablets or hand-held games to the Holiday Activity Courses; if devices are brought along children will not be allowed to use them whilst courses are running.

If any of these devices are brought along to the courses, Bedford Modern School accepts no responsibility for loss, damage or theft.

# Protection of Personal Data and General Data Protection Regulation (GDPR)

As part of the booking process for the Holiday Activity Courses you will be asked to provide personal data. The information collected during the process is as follows:

- Your Child's full name, date of birth, medical information, current school and any other information you choose to provide
- Your full name, home address, email address and emergency contact names and numbers

Some of these details are later stored on a separate computerised database for generation of course registration lists, medical requirement lists and for correspondence and marketing purposes; marketing refers to advising of future courses only. Information stored by Bedford Modern School will be held for up to three years from the last course attendance to allow you to make further bookings and receive new brochure notifications.

When booking online you will be requested to provide consent also to Wisepay, on behalf of Bedford Modern School External Service.

Further details on how we are committed to protecting and respecting your privacy can be viewed in the School's Privacy Policy, available to view at bedmod.co.uk or by contacting the Holiday Activity Course Office to request a copy.



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