

## Programme ideas: Skills section

When completing each section of your DofE, you should develop a programme which is specific and relevant to you. This sheet gives you a list of programme ideas that you could do or you could use it as a starting point to create a Skills programme of your own.

You can find more information at DofE.org/do and there is a range of exciting opportunities to help you complete this section at DofE.org/finder.

## It's your choice...

Developing a skill helps you get better at something you are really interested in and gives you the confidence and ability to use this skill both now and later in life.

## Help with planning

You can use the programme planner on the website to work with your Leader to plan and agree your activity before you start.

| Performance arts  Ballet appreciation Ceremonial drill Circus skills Conjuring & magic Majorettes Puppetry Singing Speech & drama Theatre appreciation Ventriliquism Yoyo extreme | Physics Rocket making Taxonomy Weather/meteorology Website design Zoology  Care of animals  | Listening to, analysing & describing music Music appreciation Playing a musical instrument Playing in a band Reading & notating music Understanding music in relation to history & culture |
|---|---|--|
|   | Agriculture (keeping livestock) Aquarium keeping Beekeeping Caring for reptiles Dog training & handling Horse/donkey/llama/alpaca handling & care Looking after birds (i.e. budgies & canaries) Pet care – health/training/ maintenance Pigeon breeding & racing  Music | Natural world  Agriculture Conservation Forestry Gardening Groundsmanship Growing carniverous plants Plant growing Snail farming Vegetable growing   |
| Science & technology  Aerodynamics Anatomy App design Astronomy Biology   |   |  |
| Botany Chemistry Coding/ programming Ecology Electronics Engineering Entomology IT Marine biology Oceanography Paleontology   |   | Games & recreation   |
|   | Church bell ringing Composing DJing Evaluating music & musical performances Handbell ringing Improvising melodies   | Cards (i.e. bridge) Chess Clay target shooting Coxing Cycle maintenance Darts Dominoes Fishing/fly fishing Flying  |
|   |   | continued over   |

| Gliding  | Contemporary legends                    | Egg decorating          |
|--|---|-------------------------|
| ☐ Go-karting                                   | Costume study                           | ☐ Embroidery            |
| ☐ Historical period re-enacting                | Criminology                             | ☐ Enamelling            |
| ☐ Kite construction & flying                   | Dowsing & divining                      | ☐ Fabric printing       |
| ☐ Mah Jongg                                    | Fashion                                 | ☐ Feng Shui             |
| Marksmanship                                   | Forces insignia                         | ☐ Floral decoration     |
| ☐ Model construction & racing                  | Gemstones                               | French polishing        |
| ☐ Motor sports                                 | Genealogy                               | Furniture restoration   |
| ☐ Power boating                                | Heraldry                                | ☐ Glass blowing         |
| Snooker, pool & billiards                      | ☐ History of art                        | Glass painting          |
| Sports appreciation                            | Language skills                         | Interior design         |
| Sports leadership                              | ☐ Military history                      | ☐ Jewellery making      |
| Sports officiating                             | Movie posters                           | ☐ Knitting              |
| ☐ Table games                                  | Postcards                               | Lace making             |
| ☐ War games                                    | Reading                                 | Leatherwork             |
|  | Religious studies                       | Lettering & calligraphy |
| Life skills                                    | Ship recognition                        | ☐ Macramé               |
|  | Stamp collecting                        | Marquetry               |
| Alternative therapies                          |   | Model construction      |
| Cookery  | Media & communication                   | Mosaic                  |
| Democracy in action                            |   | Painting & design       |
| Digital lifestyle                              | ☐ Amateur radio                         | Patchwork               |
| Driving: car maintenance/car                   | Blogging                                | Photography             |
| road skills                                    | Communicating with people               | Pottery                 |
| Driving: motorcycle                            | who are visually impaired               | Quilting                |
| maintenance/road skills                        | Communicating with people who           | Rope work               |
| Event planning                                 | have a hearing impediment               | Rug making              |
| ☐ First aid – St John/St Andrew/               | Film & video making                     | Snack pimping           |
| BRCS   | Journalism                              | Soft toy making         |
| ☐ Hair & beauty                                | Newsletter & magazine                   | ☐ Tatting               |
| Learning about the emergency                   | production                              | ☐ Taxidermy             |
| services                                       | Signalling                              | Textiles                |
| Learning about the RNLI                        | □Vlogging                               | ☐ Weaving and spinning  |
| (Lifeboats)                                    | Writing                                 | Wine/beer making        |
| Library & information skills                   |   | Woodwork                |
| Life skills                                    | Creative arts                           | Woodwork                |
| Massage  |   |                         |
| ■ Money management                             | Basket making                           |                         |
| Navigation                                     | Boat work                               |                         |
| <ul><li>Public speaking and debating</li></ul> | Brass rubbing                           |                         |
| Skills for employment                          | ☐ Building catapaults &<br>☐ trebuchets |                         |
| ☐ Young Enterprise                             | Cake decoration                         |                         |
|  |   |                         |
| Learning & collecting                          | Camping gear making                     |                         |
| Aeronautics                                    | Candle-making                           |                         |
|  | Canoe building                          |                         |
| Anthropology                                   | Canvas work                             |                         |
| Anthropology                                   | Carnival/festival float construction    |                         |
| Actropoution                                   | Clay modelling                          |                         |
| Astronautics                                   | Clay modelling                          |                         |
| Astronomy                                      | Crocheting                              |                         |
| Bird watching                                  | Cross stitch                            |                         |
| Coins  | DIY                                     |                         |
| Coins  | Dough craft                             |                         |
| Collections, studies & surveys                 | Drawing                                 |                         |
| Comics   | Dressmaking                             |                         |